This is the last newsletter for Term 3. The last day of this term is Friday 19/9 and school commences again for Term 4 on Tuesday 7/10.

Parents are reminded again about our rules in regards to paying for excursions, shows and PSSA, which have to be paid for at least the day before the event. We only empty the money boxes on certain days and numbers are finalised with the teachers the day before the event. We always endeavour to give 2 weeks notice for excursions etc. so you have ample notice for coming events.

Thank you for your cooperation.

Kindergarten orientation days for 2015 will be held next term, if you know of a child who intends to come to school here and hasn’t yet enrolled please let us know.

Cyberbullying - prevention tips for parents

The statistics around cyberbullying are sketchy, mainly because it often goes unreported. What we do know is that the likelihood of children being bullied online or over the phone increases as they get older and use technology more frequently.

Find out more: http://bit.ly/xHLLDH

How much screen time?

‘Screen time’ used to mean how many hours you spent watching TV and playing on the computer. However, with the growing number of digital devices on offer today, the question of what screen time means now is far more complex.

Assembly Award

<table>
<thead>
<tr>
<th>Assembly Award</th>
<th>Cooperation</th>
</tr>
</thead>
</table>
| KC             | Sam Bollinger-Mitchell  
                 Mehdi Al Hariri  
                 Logan Peaston |
| 1H             | Ali Abbas  
                 Nazmia Abdul-Hamid  
                 Kaya Cougar |
| 2W             | Anthony Pandevski  
                 Hayden Nelson  
                 David Rubibi |
| 3/4E           | Zaynab El Sayed  
                 Ammr Jouja  
                 Omar Hadaya |
| 4/5B           | Claudia Elhage  
                 Christel Sheldon  
                 Bleon Bajrami |
| 5/6M           | Summer Ivanovic  
                 Zac Howland  
                 Izabella Lazarevska |

Thank you 1H for an entertaining assembly item, we could all see how much you enjoyed reading The Gruffalo.
The next assembly will be in week 2 Term 4 with KC presenting an item.

Cooperation

We are focusing on the Cooperation section of our behaviour matrix until the middle of the term with the aim of getting students to think about fair play and cooperating with their school friends. All families should have a copy of the matrix at home to refer to and it should be a useful tool for you to use at home also. Students will receive awards from teachers for being cooperative class members.

### Cooperation

- Include everyone, so that we all feel part of the group
- Take care of one another
- Be a friend
- Be fair
- Solve problems peacefully
- Be a team player
- Use an inside voice
- Allow others to learn
- Ask for help and share your ideas with others
- Play fairly
- Be polite
- Follow instructions given by adults
- Play by the rules
- When the first bell rings, move off the playground

### Coming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>Mon 8/9</td>
<td>School photos</td>
</tr>
<tr>
<td>Tues 9/9</td>
<td>Premier’s Spelling Bee Regional Finals</td>
</tr>
<tr>
<td>Wed 10/9</td>
<td>St John’s First Aid- 34E &amp; 45B</td>
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<tr>
<td>Tues 16/9</td>
<td>P&amp;C cake stall and sausage sizzle- parents welcome at 1.15 for lunch</td>
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<tr>
<td>Thurs 18/9</td>
<td>K-6 in school disco</td>
</tr>
</tbody>
</table>
Nutrition Snippet

The simplest way

...to inspire a healthy breakfast

A healthy breakfast improves energy levels, alertness and concentration. It's also a good way to get a serve of fruit + veg in.

Here are some quick winter warming breakfast ideas:

- Sliced bananas or avocado make a yummy addition to toast
- Chop and add left-over vegies to an omelette or savoury pancake
- Add fresh or canned fruit to porridge
- Top a wholemeal muffin with cooked tomato, mushrooms, baked beans or creamed corn

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To Beat It
SOUTHERN SUBURBS MOBILE PRESCHOOL
For children 3—5 years.
Is here at the school on
Tuesdays & Wednesday 9am—3pm.
Please feel free to visit or
call Stephanie on
0417 678 667
Playgroup Thursdays 9am—12pm
Phone Cringila Co-op 42 744 033

PERMISSION NOTES
Children are all given a permission note and envelope for every excursion, sports carnivals etc.
Children have also been given a A4 magnetic fridge holder ( $4 if you would like another one). Notes can be put in holder thereby minimizing lost notes and envelopes. If notes are lost parents will need to handwrite a new note and extra envelopes are 20c.

A4 Magnetic Fridge Holder
$4

EXCURSIONS, PSSA, EVENTS
- MAILBOXES located in foyer – Each class has their own mailbox.
- All payments are to be put in the mailboxes BEFORE 10am.
- NO MONEY or PERMISSION SLIPS will be accepted after 10am.
- MONEY DAYS will be Monday, Tuesday, Thursday and Friday.
- NO MONEY or PERMISSION SLIPS will be accepted on Wednesdays.
- Money & Permission Slip must be correct in either, an envelope or a snap lock bag.
  Your childs name and class must be written clearly.
DO NOT send more than one child's money in an envelope.

KINDERGARTEN ENROLMENTS 2015
If you know of any students starting school next year please let their parents know that they need to contact the school.